

GRECC Staff FY 2005

Meet the GRECC Staff

Thomas Mulligan, MD



Dr Mulligan is the Ruth S. Jewett Professor of Medicine and Chairman of the Division of Geriatrics at the University of Florida Department of Medicine. He is also Director of the Geriatrics Research, Education, and Clinical Center at the closely-affiliated Malcom Randall VA Medical Center.

Dr Mulligan graduated cum laude from New York University in 1976, receiving the Founder's Day Award. He earned his MD degree from New York University in 1980. He completed his internship and residency in Internal Medicine at Virginia Commonwealth University, receiving the Intern of the Year Award in 1981 and the Higgins Award for excellence in medical education in 1983.

He was the founder of the geriatrics program in Richmond, Virginia, on the campus of the McGuire VA Medical Center. He helped establish a Geriatrics Fellowship which ranked #2 in the nation by US News and World Report, a new model for the provision of care to older adults which received the US Vice-Presidential Hammer Award, and a continuum of care for older veterans which received a Center of Excellence Award. He was one of the founding members and past President of the Virginia Geriatrics Society.

Dr Mulligan is certified by the ABIM in Internal Medicine with a Certificate of Added Qualifications in Geriatrics Medicine. He is a Fellow of the American College of Physicians and American Geriatrics Society. He is a member of the Association for Directors of Geriatric Academic Programs and the Christian Medical and Dental Association.

His clinical and research interests include older men's health (e.g., andropause, prostate cancer, sexual dysfunction) and the impact of religion on health.

John R. Meuleman, MD



Dr. Meuleman is the GRECC Clinical Director, and Associate Professor of Medicine Division of Internal Medicine, University of Florida College of Medicine. Dr. Meuleman has been with the GRECC for 20 years, and is involved with the clinical training of medical students, residents, fellows and health professions trainees. Dr. Meuleman is additionally involved with clinical practice and clinical research, with interest encompassing resistance training in the frail elderly.

Debra A. Newell, PhD



Dr. Newell is the Acting Associate Director for Education and Evaluation and Assistant Professor of Medicine. Dr. Newell is involved in development of educational research projects, curriculum for residents and fellows, faculty mentoring, teaching the research and evaluation curriculum for fellows and trainees, and evaluation of GRECC programming. Additionally, Dr. Newell is responsible for conferences and lecture series/CE training of health professionals. Research interests include medication use and quality of life in older persons with chronic conditions. Dr. Newell has been with the GRECC for a year and a half.

Steven Borst, PhD



Dr. Borst is the Acting Associate Director of Research, GRECC staff pharmacologist, and an Associate Professor in the Department of Applied Physiology at the University of Florida. Dr. Borst is the recipient of multiple VA and NIH research grants supporting his research, and has been with the GRECC for 16 years. Dr. Borst's research encompasses age-related obesity and androgen treatment in aging male rat models.

Steve Nadeau, MD



Dr. Nadeau is the GRECC staff Neurologist and Professor of Neurology at the University of Florida. Dr. Nadeau maintains clinical and research practices, as well as clinical teaching of the residents, trainees and fellows, and Directing the Neurology Clerkship at UF College of Medicine. Dr. Nadeau has been with the GRECC for 17 years. Dr. Nadeau works in collaboration with the Brain Rehabilitation Research and Research Outcomes Rehabilitation Center faculty researchers.

Nihal Tumer, PhD



Dr. Tumer is a GRECC staff pharmacologist, and Professor in the Departments of Pharmacology and Applied Physiology at the University of Florida. Dr. Tumer studies cardiac function with aging and changes in nervous system plasticity with aging. Dr. Tumer has been with the GRECC for 15 years.

Colleen Campbell, MSN, APRN-BC, CRRN-A



Ms. Campbell is a clinician and educator. Her current position is the Director of the Geriatric Evaluation and Management (GEM) unit at the Malcom Randall VA, and has been with the GRECC for 9 years. Ms. Campbell is a member of Phi Kappa Phi, the American Nursing Association, the Association of Rehabilitation Nurses, and Sigma Theta Tau. Additionally, Ms. Campbell is integrally involved in the training of residents, trainees and fellows, as well as co-investigator on many clinical research studies.

David Lowenthal, MD, PhD



Dr. Lowenthal is the Director Emeritus of the GRECC. Dr. Lowenthal has been with the GRECC for 16 years, and remains active in research and teaching of medical students, residents and fellows. Dr. Lowenthal's areas of research include exercise and aging, strength training, and pharmacology related to hypertension, cardiovascular disease, coronary artery disease, diabetes/glucose control and endocrine function.

Bernadette Spates, RN, PhD



Dr. Spates is the Deputy Director of Education for the GRECC, joining the staff in July 2004. Dr. Spates is involved in the educational programming and some clinical care responsibilities. Dr. Spates worked with Nursing Education at the VA for many years before coming to the GRECC.

Myra Gresh



Mrs. Gresh is the Administrative officer for the Geriatric Research, Education and Clinical Center at the Malcom Randall VA, and has been with the GRECC for 16 years. Ms. Gresh is also a member of the Society of Government Meeting Professionals.

Sandy Schwab



Mrs. Schwab is the GRECC Geriatrics Fellowship Coordinator and Secretary to the Director, having joined the GRECC in May of 2003.